

## 8. Time Limits for Completing Accreditation

a. Candidates have a maximum of 3 years **after completing** the workshop training (see the training document on the ISST website for specific details of the minimum required hours of didactic training, supervised role-playing in dyads and the curriculum to be covered) to meet all of the certification requirements and apply (to send the application to the relevant National / Regional Certification Coordinator) for their first certification level (Standard or Advanced).

b. If a candidate achieves Standard Certification within 3 years they then have an additional maximum of 2 years to complete the further supervision and recorded session requirements needed for advanced level, and apply for Advanced Certification.

This additional two-year period begins from 3 years after the final date of the workshop training. This means that a candidate has a total maximum of 5 years from the date they completed the workshop training to qualify at Advanced level if they achieve Standard Certification first at any time before the three-year point.

c. If candidates do not meet the deadline of 3 years for the first certification or the additional 2 years for Advanced Certification, they have to provide proof of one, or a mix of, the following:

i i. Attendance at schema therapy certification training or schema therapy Continuing Professional Development (CPD) workshops for a minimum of 6 hours for each year (or 12 hours for each 2 years) exceeding the limit. These workshops should be conducted by ISST-Certified Trainers and the didactic and dyadic elements of the training must be 'live' and interactive. Pre-recorded training or courses, even if there is a form of questioning afterwards, of any type do not count. Brief video illustrations and demonstrations of clinical work within this 'live' and interactive training are permissible. Certificates of Attendance must be presented to the relevant National/Regional Certification Coordinator at the application stage.

i ii. Extra supervision provided by an ISST Certified Supervisor (this could be either their existing Supervisor or a different one) for 6 hours for each year (or 12 hours for each 2 years) exceeding the limit. Confirmation of additional supervision hours must be provided by the supervisor directly to the relevant National/Regional Certification Coordinator at the application stage.

i iii. Case presentation at scheduled on-line meetings of one of the Special Interest Groups (SIGs) accredited with the ISST. These presentations should not exceed 3 hours per one year and may be combined with the training workshops or supervision. The leader of the SIG should confirm such presentations in a letter to the relevant National/Regional Certification Coordinator on request from the applicant.

d. The above rules make any 'extensions' unnecessary except for exceptional and extraordinary circumstances.